



Volunteer News Update

News and information for volunteers from Home-Start Barnet and the Harrow Project

May 2016

Dear volunteer,

I would like to welcome our fantastic new group of home-visiting volunteers who have just completed their preparation course. We look forward to working with you all .



Also welcome to our three student social workers who are doing their placements with us for 4 months, Annie, Ruth and Sophie. And finally to Helen Andronicou and Tamar Glyn who have just taken up their posts as coordinators. Below is a quick hello from them both.

TAMAR

Hello All, I'm Tamar Glyn. I am very excited to have started working for Home-Start Barnet Harrow Project as the Senior Coordinator for Home Start Harrow. For the past two years I have been supporting families as a Home-Start volunteer, which I have found incredibly rewarding. I have a professional background in teaching, television production and charity fundraising. Outside of work I'm am very lucky to have two great sons and a very lovely husband.

My job now is to work with the Home-Start team to increase the number of families we support throughout the London Borough of Harrow. Of course to do this we need to find lots more Harrow volunteers, so please please spread the word and encourage colleagues, friends and family who live in Harrow to get in touch and train with us to become Home-Start Harrow volunteers! Thank you.

HELEN

My name is Helen Andronicou and I am now your new Perinatal Health Coach Co-ordinator. For the past 2 ½ years I was one of The Loft's manager and I loved every minute of it. In fact I was there from the very start when the shop was merely Kirpal's dream.

However, 2 ½ years later I started getting itchy feet and felt I needed more of a challenge so when the position came up, I jumped at the chance and applied.

The rest is history

I am very excited and can't wait to get stuck in. The Perinatal Health Coaching Project is new and has been funded by The London Borough of Barnet. We will provide trained, volunteer Perinatal Health coaches to support parents in their last trimester and beyond.

Please do not hesitate to contact me if this project interests you.....



Tamar and Helen standing on the balcony in our office overlooking the beautiful gardens at Stephens House

My final news about staffing is that Kirsty, our Business and Administration Officer has returned from maternity leave, we are so happy to have her smiling face back in the office.

FROM GILLY

A special personal welcome to Tamar, who has the task of being my supervisor in Harrow. I am delighted that Tamar has joined our tiny but growing team and look forward to working with her.

HUMA

A big thanks you to Huma our volunteer and family group worker who, together with members of her community are in the process of making up and donating Ramadan hampers for our Muslim families. Huma, your generosity and kindness is very much appreciated by our families.

ANNUAL FEEDBACK

Kirsty will be sending out the Volunteer Annual Feedback using the online Survey Monkey. We have reduced the questions so it should only take a few minutes. Please complete and return as the information we capture is used to help us plan future projects and for funding applications. Thank you so much.

TRAINING

This is an excellent training for any of you who would like to be Perinatal Health Coaches. Four members of staff did the training last week and it is highly recommended. It is run by Barnet Childrens Services at the North London Business Park. If you would like to attend please complete the attached form and book your place as soon as possible. Details of the course are below:

Sudden unexpected death in infancy (SUDI) Workshop

DATES: 24/05/2016

VENUE: Building 3, North London Business Park

TRAINER: Barnet CC

TIME: AM - 9.30am - 12.30pm

Introduction: SUDI is the sudden and unexpected death of an infant under the age of one year that remains unexplained after thorough investigation. It is the leading cause of death of babies between one month and one year of age. In 2012 across England and Wales, there were 221 unexplained infant deaths, eight out of 10 of these unexplained deaths occurred in the post-neonatal period. This half day course will give you an introduction and help raise awareness of SUDI.

Course content:

- Introduction to Sudden Infant Death Syndrome (SIDS)
- Update on current evidence-based safer sleep advice
- Understanding of vulnerable babies and families
- How to get the message across and potential barriers
- Insight into bereavement support

Relevant service objectives: DoH and DfE standards for children's services, and Common Core competences for safeguarding children, promoting the welfare of the child and multi-agency working.

Audience: **Professionals working with children, young people and families across the children's service in Barnet including the private and the voluntary and community sectors.**

TRAINING AT STEPHENS HOUSE

For those of you who would like to do the above course and cannot make the date, I have organised it to be repeated at Stephens House on Wednesday 8th June from 11 a.m. to 12.30 p.m. which is just before the Volunteer Summer Lunch. If you would like to attend please call Luci

We are also running a full day training for our Perinatal Health Coaching project. This will be training on attachment and conflict management and will be delivered by the CEO of Home-Start Westminster. Please contact the office as soon as possible to reserve a place as I am sure this will be extremely popular and we can only fit a limited number into the training room. Thanks.

FUNDRAISING: Fundraisers Are Us!

Behind the scenes, a small group of Trustees have been beavering away as the Fundraising committee, looking for opportunities, coming up with mad ideas, drinking a lot of tea (wine), looking for ways to raise as much money as we can. Last year you will have seen our Penny Collection, brave people running in all kinds of events, mufti days in local schools, a local choir singing for us at The Spires. All of that was brilliant and raised over £6000 but this year we are going BIG.

On Sunday November 6th, Home-Start Barnet is taking over Brent Cross Shopping Centre. There will be choirs, there will be balloons and badges, there will be buckets to fill and hopefully, lots of volunteers to make it happen.

Those of us on the fundraising committee are really excited about this. It's a great opportunity to tell North London about the work we do and encourage people to put their hands in their pockets too. It's going to take a lot of work but we're game if you are. It's certainly going to need more than the four of us so this is a plea to put the date in your diary now and to think about giving us a hand. It may seem like a long way off but events like these take a lot of planning and work beforehand, as well as on the day - someone's got to count all that money!

If you think you would like to get involved, please get in touch. You can give me, **Sue Batcheler**, a ring on **07970 005082** or email sue@batcheler.com. We are open to all ideas and contributions whether its blowing up balloons or being related to someone famous who would like to help!. Failing famous, a local journalist who might like to write about us, anyone handy with a camera, anyone with any ideas for other events between now and November or something we can work on for next year. We meet regularly and I am going to be updating you here regularly too so I will remind you of our meetings in case anyone wants to come along.

One more thing. We have been selected to take part in the Big Summer Give 2016. This means that any donations made by pressing the button on our website between midday on Monday May 16th and midday on Wednesday May 18th will be match funded. So if anyone was thinking of donating, if they could do it then, that would be brilliant!

Our next meeting is Tuesday 8th June at 2.30 p.m., Stephens House. All welcome.



**INVESTORS
IN PEOPLE**

I'm delighted to share that we at Home-Start Barnet have successfully achieved Investors in People (IIP) accreditation. The core foundation of people management excellence, the Standard, is a benchmark for any well-run organisation. Every participating organisation is expected to meet 39 evidence requirements from the core framework to achieve Standard level accreditation including; business strategy, people management, learning and development, leadership and management, management effectiveness, reward and recognition, involvement and empowerment, performance measurement and continuous improvement. In March Mike Bates a consultant from Grant Thornton UK LLP, assessed staff, trustees and volunteers of Home-Start Barnet using the core IIP framework which we achieved with flying colours. I'd like to take this opportunity of thanking all those who took part in the process.

Kirpal

ITEMS NEEDED

As we are now supporting expectant mothers we are going to be in need of buggies, double buggies, cots, moses baskets and other baby equipment in the future. Unfortunately as most of you know we do not have much space in the office to store equipment so if there is any chance that you have any items and you are able to keep them until we make an appeal please do. If not let us know and we will see if what we can do. It would be greatly appreciated by the families we support.

Ruth, one of our social worker students is supporting a young mum with a 10 month old baby girl. If you have any clothes that would be suitable please could you call the office. Thank you.

SUMMER LUNCH

We would love to see as many of you as possible at our Volunteer Summer Lunch which is taking place during National Volunteer Week. This will be Wednesday 8th June from 12.30 to 2.30 p.m. Please call Grace in the office to let us know if you are able to come.

DATES FOR THE DIARY

Tuesday 17 th May 2016 Stephens House	Paediatric first aid training 9.30 – 16.00
Tuesday 24 th May 2016 NLBP	Sudden Infant Death Syndrome Training 9.30 – 12.30
Tuesday 7 th June 2016 Stephens House	Personal Safety Workshop Suzy Lamplugh Trust 9.45 – 13.00
Wednesday 8 th June 2016 Stephens House	Sudden Infant Death Syndrome Training 11 – 12.30
Wednesday 8 th June 2016 Stephens House	Volunteer Summer Lunch 12.30 – 14.30
Tuesday 21 st June 2016 Stephens House	Perinatal Health Coach training 9.30 – 2.30
Sunday 6 th November Brent Cross Shopping Centre	Fundraising and awareness day

Enjoy the wonderful weather this weekend.

Best wishes

Luci