



Volunteer News Update

**News and information for volunteers from
Home-Start Barnet and Harrow**

September 2017

DEAR VOLUNTEER,

The last couple of months have been very busy here at HSBH. We hope you enjoy catching up on our news.

IMPORTANT REMINDERS

Please do not give out your telephone number to families you are supporting. If you do need to contact them remember to dial 141 before their number to hide your own.

Please complete diary sheets on time and fill in all pages including time spent travelling to and from visit.

MONEY-SMART

Hi All,

Some of you will already know me. I run the Home-Start Money-Smart Programme and support families if they are struggling to manage their finances. I am pleased to say that I have some funding to train 10 volunteers. The money management programme helps families to learn more about their finances and gain better control. It really is a fantastic programme, it is fun, relaxed, and covers subjects useful to everyone. There are six weekly workshops followed by a final 7th session which is a family learning day where your children (if you have any) are welcome to come along and join in the activities.

The workshops cover money management, making a savings plan, using a spending diary, budgeting, credit and debt as well as communication with family and friends. It is a practical course, and is based upon discussions, group activities, and taste testing of different foods to look at branding.

The course will take place every Thursday 10 am to 12 noon From 22nd February to 5th April at OneStonegrove Community Centre. If you would like to attend, please call the office. Thanks.

Corinne

APPS

We are all trying to keep up with technology (some of us faster than others!) and we've come across 3 new apps which you might find interesting to help your families:

BABY BUDDY: This free app claims to "guide you through pregnancy, birth and beyond"

MUSH : This app is the free way for mums to meet other local, like-minded mums and mums-to-be

HOOP: This free app list everything going on for children aged 0-11 years where you live

Gilly (with a little help from my colleagues)

FUNDRAISING

We are pleased to announce that our volunteer, Barbara Stern will be joining us as a part-time Fundraising Executive. The role is for 6 months in the first instance and will be focussing on sourcing sponsorships and developing relationships with local businesses to secure their interest in supporting Home-Start Barnet and Harrow.

FAMILY SUPPER



Hi All, my name is Filomena and I have just been appointed Family Supper Coordinator for Home-Start Barnet and Harrow. In July I qualified as a Nutritional Therapist and on Tuesdays and Wednesdays I work at North London Hospice as Communication Manager.

Our first family supper took place two weeks ago and was a great success with over 20 people attending. We made chicken bake with tomatoes and vegetables and vegetarian pasta bake for main course. Dessert was fruit crumble and custard. We received really positive feedback and everyone enjoyed the evening. I'm really looking forward to seeing the project go from strength to strength. I would like to take this opportunity to thank all of the volunteers who are supporting this project, I look forward to working with you all.

VOLUNTEER ANNUAL SAFEGUARDING TRAINING

This year the focus of our annual training will be child sexual exploitation and sexual abuse of young children. It will be facilitated by a social worker from Harrow who is a team leader, the CSE lead and also the lead for child trafficking , gangs and missing children. I am waiting for more information and as soon as I have it I will forward to you all. The date for this training is Friday 1st December 2017 from 9.30 – 1 p.m. at OneStonegrove in Edgware. Please call the office to book a place.

TRIP TO THE LONDON TRANSPORT MUSEUM



On the 24th of October, we took our families on another exciting trip to the London Transport Museum. As well as seeing all of the buses,

trams and trains, the children took part in fun arts and craft activities, just look at our pictures to see...

The tickets we purchased for the families are valid for one year so this will give them the opportunity to return again and again. Feedback from one little boy – ‘I had fun playing with all the toy transport and sitting on a big open bus. I even got to sit in the driver’s seat...’.

Cathy

HALLOWEEN FUNDRAISING EVENT



We had an amazing Halloween Party on the 27th October with 59 children and 31 parents attending. We played games, made Halloween masks, created our own Halloween biscuits and had lovely food to eat and drink. There was a tombola for both the adults and children and we raised £509 towards the Big Give so we can continue to fund exciting events in the future.

Cathy

CHRISTMAS PARTY FOR VOLUNTEERS AND FAMILIES

This year we have decided to have a joint Christmas Party for our volunteers and families at Stephens House on Friday 15th December from 5-7 p.m. We will be having an entertainer for the children, plenty of delicious snacks and mulled wine and Father Christmas will of course be in attendance! Please call the office to let us know if you are able to attend, we really hope you can.

SOCIAL MEDIA



Hi, it's Kirsty! I take care of the social media and website for Home-Start Barnet and Harrow and keep you up to date with everything that's going on. If you are not already following HSBH on Social Media and would like to do so we are on the following sites:

Twitter: @HomeStartBarnet

Facebook: <https://www.facebook.com/HSBarnet/>

Instagram: @homestartbarnetharrow

DIARY

Annual Safeguarding Training OneStonegrove, Edgware 9.30-
1.00 Friday 1st December

Skills Network Induction 11.30	Stephens House Wednesday 8 th November	10-
Perinatal Mental Health Training 5.00	Underhill Children's Centre Thursday 23 rd November	1.00-
Perinatal Mental Health Training 1.30	St. Margaret's Children's Centre Tuesday 12 th December	9.30-
Christmas Party 7.00	Stephens House Friday 15 th December	5.00-
Money Smart Workshop noon	OneStonegrove, Edgware Thursday 22 nd February – 5 th April	10-12

Best wishes

Luci