



Volunteer News Update

News and information for volunteers from
Home-Start Barnet and the Harrow Project

September 2017

DEAR VOLUNTEER,

**Home-Start Barnet &
Harrow
20th Anniversary**

Tea Party

Lots of fun activities to celebrate 20 years of supporting local families with young children:

- Our very own “Bake Off” to be judged on the day and win a prize!
- Children’s activities – face painting, glitter tattoos, henna body art and more
- Showcasing a short film of our work
- Meet local leaders, funders, families, volunteers, staff, trustees and our Patron
- Share your stories over afternoon tea - sandwiches, scones and other delights



To all you budding bakers! If you would like to take part in our "Bake Off", please contact Kirsty or Grace on 0208 371 0674

Friday 15th September 2017 from 3.30pm – 6pm

**Stephens House & Gardens
17 East End Road
N3 3QE**

This is an invitation to all of our volunteers and their own families to join us in celebration of our 20th Anniversary. There will be an

afternoon tea and entertainment for the children. We would love as many of you as possible to join staff, supported families and referrers. Please RSVP to Kirsty or Grace.

EVENTS FOR FAMILIES

It has been a busy summer for us at Home-Start. With many volunteers spending time with their own children over the school holidays we have held three events to keep our families entertained. The first was a very well attended picnic in the beautiful grounds of Stephens House. The rain stayed away and the parents and children had a great time including fun with a Peppa Pig Pinyata.



Our first trip was to Whipsnade Zoo, three coaches packed with our families (105 children), staff and some volunteers had a wonderful day out. The feedback from both parents and children were very positive and here are just a few:



'We have had so much fun' Veerma and Shaniya age 4

'I really enjoyed the zoo, thank you for the invite. You guys are amazing'

'The children enjoyed the day, they didn't want it to end. Fun and exciting day'

'It was fun because we got to go out with my friends and family and I saw the animals' Joanna age 6

'I loved the bird show'. Antonio age 7

'I loved the Hallabazoo and everything we got to see and learn'. Ella age 4

'It was really good, we loved everything'

'We are happy for the trip thank you Home-Start'

'Zzzzzz (exhausted from the wonderful day out)'

Finally, on a sunny August day, we set out with three coach loads of Home-Start supported families for an outing to Southend-on-Sea. Everyone returned home tired but happy, after a day of paddling at the beach, eating fish and chips and soaking up the seaside atmosphere.



We were able to fund these events from our Summer Big Give Appeal where the money donated was match funded and therefore doubled, enabling us to offer these trips. We will be holding our next Big Give Appeal to fund next year's events in November, so if you are able to donate, your money will be well-spent as you can see!

NEW BABY

We are delighted to announce that our volunteer Katia has recently given birth to Sander, ... Many congratulations to all the family



INVESTING IN VOLUNTEERS

We are very proud to announce that Home-Start Barnet and Harrow have been awarded the Investing-in-Volunteer Award by the United Kingdom Volunteering Forum (UKVF). This is a kitemark awarded following a rigorous audit of our volunteering programme. Some of you were involved in this process, giving feedback to our assessor. We would like to thank you all for your input and support.



NEW VOLUNTEERS

Our next preparation course for volunteers will take place at OneStonegrove Community Centre and Church in Edgware over the next few months. The course will run from Tuesday 19th September – Tuesday 14th November, every Tuesday for 8 sessions, excluding the half term week in October. **If you have friends or family who would like to become a volunteer, please ask them to contact Luci as soon as possible.**

PARENTING PROGRAMME

Leonie will be running the Triple P parenting programme from 21st September(10.30-12.30) in Whetstone. This is open to volunteers, so if you are interested please give the office a call.



FREE
Course

Positive Parenting Teenagers Programme

Triple P is a parenting programme, but it doesn't tell you how to be a parent. It's more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It's all about making Triple P work for you.

- Raise happy, confident teenagers
- Manage misbehaviour and improve family life
- Set rules and routines that everyone respects and follows
- Encourage behaviour you like
- Take care of yourself as a parent
- Feel confident you're doing the right thing

St Peter's
Bourne

Home
START
Parent and Family
Support
Barnet & Enfield



BARNET
LONDON BOROUGH

What to expect?

Meetings are comprised of group, phone and 1-2-1 sessions. You will have the opportunity to explore specific concerns in your family life and be equipped with the tools to deal with them. This course is a unique chance to meet like-minded parents trying to do their best to support and encourage their teenagers, whilst steering them from harmful and damaging behaviours.

The Triple P course will run for 7 consecutive weeks (excluding school holidays) followed by 3 one-to-one sessions with a specialist family mediator to focus on your individual needs.

All group and 1-2-1 sessions take place at St Peters' Bourne, 40 Oakleigh Park South, Whetstone, N20 9JN

To find out more or to book onto the next Seed Barnet course please email seedbarnet@stpetersbourne.com or call 020 8445 5535.

Our next course starts on:

Brought to you by St Peters' Bourne in Partnership with Home-Start Barnet funded by London Borough of Barnet

St Peters' Bourne
40 Oakleigh Park South
Whetstone
London N20 9JN
020 8445 5535

seedbarnet@stpetersbourne.com
www.stpetersbourne.com
St Peters' Bourne Management Company
Charity No: 1098664
Limited by Guarantee No: 4616145

TRAINING



We are running a three hour first aid training run by the British Red Cross Society on Wednesday 1st November from 9.30 – 1 p.m. at OneStonegrove Community Church in Edgware. I have completed this and the training is excellent but places are limited to 16. Please contact the office if you are interested.

HAPPY BIRTHDAY SUSAN, AND A VERY BIG THANK YOU



Happy Birthday to our volunteer Susan Davis who recently celebrated her birthday and asked for donations to Home-Start instead of presents. Her family and friends raised an incredible £576.25. Thank you so much and hope you had a great day.

27th October
Party

Halloween
Community Centre, Grahame Park

29th October
Event

Fundraising
Brent Cross Shopping Centre

1st November
Course

First Aid
OneStonegrove Community Centre

5th December
Party
Gardens

Christmas
Stephens House and

Best Wishes
Luci