

Volunteer News Update

News and information for volunteers from Home-Start Barnet, Brent and Harrow May 2018

Dear Volunteer

We are very happy to welcome our new group of volunteers who completed the prep course a few weeks ago. We look forward to working with you all in the future.



MESSAGE FROM KIRPAL

Welcome to the May edition of the VNU. As always it's been a busy couple of months, made even busier with back office changes taking place that I hope will make the organisation more effective in delivering our work. Trupti Kavia our Operations Manager has been leading on the introduction of a new cloud-based case management system to support our ever increasing family support work. Our aim is to be paper free with all records on Charity Log (CLOG) including volunteer diaries, so watch this space! Trupti has been supported by two fantastic volunteers Barbara Robinson and Brenda Katsaros. Thank you to all three ladies for their hard work, without whom this project would not have got off the ground.

Like other organisations, we are busy working, hard on making sure we are GDPR ready for 25th May 2018. Trupti and Grace with the support of Helena Konneh from Home-Start London have been working on ensuring that we at Home-Start Barnet, Harrow and Brent are compliant. We have been working on updating our policies, practices and processes to ensure clearer explanation of what data we collect, how we use it and the rights and tools that are available to access information we may hold on you. A big thank you to Trupti, Grace and Helena for handling this mammoth task.

On a sad note we will be saying goodbye to Filomena Komodromou. The Family Supper Project is ending this month as we have no further funding for the service. We wish Filomena a prosperous future in her new venture as a nutritionist and no doubt will be asking her to come and support us from time to time.

On a happier note, I'm delighted to welcome Elli Josephs as Family Support Coordinator for our new Brent Satellite project. Ellie will be joining the team from the 5th June and with other staff will be attending our Summer Volunteer Lunch on the 6th June at Stephens House. I too look forward to seeing many of you on the day.

Kirpal

VOLUNTEER WEEK- ANNUAL LUNCH



We are shortly approaching National Volunteer week and will be holding our Annual Volunteer Lunch to celebrate and to say thank you to you all for your hard work and commitment

This will take place at Stephen's House on Wednesday 6th June from 12.30 to 2 p.m. There will be a hot lunch including a vegetarian option and some delicious deserts. We really hope that you can attend, RSVP to luci@homestartbarnet.org or call the office on 020 8371-0674.

We have also organised some training before the lunch. Staff have already completed Cyber Training and it is excellent. It is extremely useful for both your personal life and also to cascade to families. This will include data, financial and identity theft, bullying on line, harassment, spying, stalking and intimidation. It will also give very practical tips on Bluetooth risk, broadband and network safeguarding plus open networks, i.e. in café's, on the tube, at work etc.

We have all become much more aware, have made our networks at home more secure and been able to share with family and friends. Please do come along if you can. This will be from 10.00 to 12.15, also at Stephens House. Please let me know if you would like to be part of this training.

GDPR

As I am sure you are all aware GDPR comes into force on 25th May 2018. As volunteers you are not required to opt in. However, we do require you to be aware of our updated Safeguarding and Promoting the Welfare of Children Policy which has been attached in an email. Also attached is the Volunteer Guidance and procedure Finally the GDPR policy and our Privacy Policy highlighting how we use and

store your personal data have been updated, if you wish to see these they are on our website. To access just click on the hyperlinks below.

<https://homestartbarnet.org/gdpr-compliance/>

<https://homestartbarnet.org/site-terms-and-conditions/>

ITEMS WANTED

We have a family who is in need of a crib and another who need a small plastic table and chairs for young children. If you have either of these items to donate, please call Suzanne in the office. Thank you.

TRAINING

We are very excited to offer a Perinatal Mental Health Training day on Thursday 27th September at Stephens House. This has been put together by Dr. Ella Rachamim who is a Paediatrician. She has tailor-made this training especially for Home-Start Barnet and Harrow, for which we are very grateful. Please save the date for this and let me know if you would like to attend.

Programme

9.30 am: Arrival and registration

9.45 am start: Introductions
What is postnatal depression?
How to recognise the early signs and symptoms?
What are the risk factors? Why is it not just the baby blues?
Treatment – medical, psychological, short and long term.
Inpatient and outpatient treatment options: NHS services

10.45 am: Refreshments

11 am: Do fathers get PND?
Parent-child interaction,
Effects on the child and family in the immediate and longer-term

12 pm: Lunch and a chance to mingle

- 12.30 pm: Q &A session A mother kindly shares her experiences of PND and her road to recovery –
- 1.15 pm: The role of the health visitor in detection and screening
Listening and visiting: When to get involved and who to refer to?
Self-help and further support systems
- 2 pm: Refreshments
- 2.15 pm: Psychotherapist - infant mental health, bonding, videos
- 3.15 pm: Resources and Time for any other questions,
Course evaluation, Certificates
- 3.30 pm: End

TAKING FAMILIES IN YOUR CAR

Please be aware that volunteers are no longer able to transport families in their own car.

However our legal team and insurance company have advised us that It is still necessary for you to let your own car insurance company know that you use your car to travel to and from the Home-Start family home. The Association of British Insurers (ABI) accepts that being a volunteer is a social act and is covered by the “social, domestic and recreational” use of a car included in comprehensive insurance. Insurance companies should not, therefore, charge an additional premium to people undertaking voluntary work as drivers, or for the occasional use of the car for the purposes of voluntary work.

We also require confirmation that you have a full driving licence, up to date MOT and motor insurance. We will be sending an email regarding this shortly, so if you are a driver please click on the confirmation as requested. Thank you so much.

Hope to see you on 6th June.

Best wishes

Luci

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Please note I work on a Monday, Tuesday and Wednesday.

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Why not donate funds to Home-Start Barnet and Harrow whilst shopping online (free of costs). by visiting: <http://www.easyfundraising.org.uk/hsbarnet> or simply change your search engine to <http://hsbarnet.easysearch.org.uk> and raise funds for Home-Start Barnet

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